

DENNIS CLOUGH
MAYOR
MICHAEL RUMP
DIRECTOR

Westlake Recreation

NEWSLETTER

September

- Tot Whiffleball
- Tot Soccer
- Bitty Basketball
- Shoot & Score
- Coed Teen Volleyball
- NFL Punt, Pass & Kick
- Pass & Catch
- Coed Youth /Flag Football
- Demon Development Clinic
- Junior Hoopers
- Jr. Spikers
- Fantasy Football

October

- Shoot & Score
- Bitty Basketball
- Tot Whiffleball
- Tot Soccer

November

- Tot Whiffleball
- Ultimate After Hours Bash
- Tot Soccer
- Bitty Basketball
- Coed Dodgeball Tourney
- Wii Bowling

December

- Youth Basketball
- Ultimate After Hours Bash
- 7th & 8th Girls Basketball
- High School Basketball



FOOTBALL

NFL /Pepsi Punt, Pass & Kick Boys/Girls ages 8-15

Saturday 9/12/09

Boys/Girls will compete separately against their peers in punting, passing and place-kicking skills. Four age divisions are: 8/9, 10/11, 12/13, 14/15. Age is determined as of Dec. 31 of current year. All contestants must come with a parent/guardian to Westlake Rec center and fill out waiver form, show valid birth certificate for age verification.

Registration is FREE!
All contestants MUST be at field no later than 10:30 am.
No spikes allowed.

Coed Youth Flag Football

Boys/Girls Grades 1-2
9/19 - 10/17

Saturdays 10:00am - 1:00 pm

Enjoy the game of football without the contact. Coed league allows the children to learn the game in a fun nature. Teams will practice on a weekday night and play games on Saturdays. Games are played on short field and jerseys and wristbands are included in registration fee.

Volunteer coaches are needed!!!

Deadline to register: 9/5

Fee: \$50 Resident
\$60 Non Resident

Fantasy Football Grades 5-8

The Westlake Recreation Dept. will be conducting its own fantasy football league. Participants will be divided into leagues consisting of no more than 8 teams. Each participant will receive a draft guide and must have access to a computer for the season. Winners of each division will receive a t-shirt and trophy.

Deadline to register: 9/18/09

Draft days

Grade 5/6	9/22	6:00 pm
Grade 7/8	9/22	6:00 pm
Fee: \$10 Member		
\$ 15 Resident		

Pass and Catch

Ages 4-6 Saturdays 9/12-10/10 9:00-10:00 a.m.

Jumpstart kids to the sport of Football. Boys and girls can learn how to hold, run, kick, pass and catch a football. Fun environment using soft footballs on a smaller field. Fee includes small football, jersey and certificate of completion. Please indicate shirt size at time of registration.

Deadline to register: 9/5/09

Fee: \$45 Resident \$55 Non Resident

VOLLEYBALL

Junior Spikers Volleyball

Grades K-2 Tuesdays 9/22-10/20 4-4:45 pm

Instructional program is designed for children who want to learn sport of volleyball. Players will learn bumping, setting and serving.

Fee: \$25 Member \$30 Resident \$35 Non Resident

Coed Teen Volleyball

Grades 7-12 Wednesdays 9/10-10/29 7:00-8:00 p.m.

This coed volleyball open gym is for teens. Players will have an opportunity to work on skills and scrimmage. There is no coaching or instruction involved.

Fee: Free Members \$20 Residents

BASKETBALL

DEMON DEVELOPMENT CLINIC

Grades 1-8

Come and learn from former college players and current Westlake basketball coaches **Jeff Huber** and **Brianne Kenneally**. Improve your game by developing age appropriate skills that prepare you for the next level. Emphasis will be on ball handling, shooting, passing and game situation drills. Each player will receive a skill evaluation and improvement plan.

Sept. 20—Oct. 25

Grade 1-3 Sunday

10:30-11:15 am

Grade 4-6 Sunday 11:15-12 pm

Grade 7-8 Sunday 12-12:45 pm

Fee: \$70 Member

\$75 Resident

\$80 Non Member

YOUTH BASKETBALL LEAGUES

Grades 1-9

This program is open to any child who lives or goes to school in Westlake, or is a member of the Westlake Recreation Center. Program is designed to instruct children in the fundamentals of basketball. Games are for FUN and allow the youngster to experience playing the game in front of family and friends.

Any child who participates in a CYO or inter-scholastic team may NOT participate in this league. **Requests to be on certain teams will not be honored.** Volunteer coaches are needed for all divisions. **Deadline to register is: November 2nd.**

Registrations between 11/3-11/16 will be charged an additional \$10 late fee. Practices will be held weeks of Dec 1, 8 and 15 on a Tuesday, Wednesday or Thursday. Some practices will be held at schools. Games will begin Sat. 1/9/10.

Season finishes on 3/6/10.

Fees: (8/15-11/2) \$70 Member \$80 Resident

Multiple child discount: \$65 Member \$75 Resident

Fees: (11/3-11/16) \$80 Member \$90 Resident

Multiple child discount: \$75 Member \$85 Resident

SHOOT AND SCORE

Grades 3-12

Need help with your shot or ball handling? Participants will receive 4 one hour weekly lessons with or without partners. Tailored to fit into your busy schedule. You pick the time and day of the lesson.

Session I Sept. 7-Sept. 30

Session II Oct. 5— Oct. 31

Fees are PER PERSON

Individual : \$160 Member

\$165 Resident

\$170 Non Resident

Pair: \$129 Member

\$134 Resident

\$139 Non Resident

3 Some \$115 Member

\$120 Resident

\$125 Non Resident

4 Some \$107 Member

\$112 Resident

\$117 Non Resident

Junior Hoopers

Ages 5-6 Mondays 9/21-10/19 4:15-5 p.m.

Instructional program focuses on the basics of basketball including dribbling, passing, shooting and other motor skills.

Children must be age 5 and enrolled in kindergarten to participate.

Fee: \$25 Member \$35 Resident



Tot Soccer

Wed 9/2-9/30 11:15-11:45am

9/2-9/30 1:00-1:30pm

9/2-9/30 4:30-5:00pm

Thurs 10/8-11/5 11:15-11:45am

10/8-11/5 1:00-1:30pm

10/8-11/5 4:30-5:00pm

10/8-11/5 5:30-6:00pm

Tues 11/17-12/15 11:15-11:45am

11/17-12/15 1:00-1:30pm

11/17-12/15 4:30-5:00pm

Fee: \$25 Member \$35 Resident

Tiny Tots

Tot Whiffleball

Tues 9/1-9/29 11:15-11:45am

9/1-9/29 1:00-1:30pm

9/1-9/29 4:30-5:00pm

Wed 10/7-11/4 11:15-11:45am

10/7-11/4 1:00-1:30pm

10/7-11/4 4:30-5:00pm

10/7-11/4 5:30-6:00pm

Thurs 11/12-12/17 11:15-11:45am

11/12-12/17 1:00-1:30pm

11/12-12/17 4:30-5:00pm

Fees: \$25 Member \$35 Resident

Bitty Basketball

Thurs 9/3-10/1 11:15-11:45am

9/3-10/1 1:00-1:30pm

9/3-10/1 4:30-5:00pm

Tues 10/6-11/3 11:15-11:45am

10/6-11/3 1:00-1:30pm

10/6-11/3 4:30-5:00pm

10/6-11/3 5:30-6:00pm

Wed 11/18-12/16 11:15-11:45am

11/18-12/16 1:00-1:30pm

11/18-12/16 4:30-5:00pm

Fees: \$25 Member \$35 Resident

Parent/Child Wii Bowling Tourney

This parent/child bowling tournament will pit the best against the best.

Friday 11/27 12:00pm

Fee: \$10 Member parent & 1 child

\$15 Resident parent and 1 child

For information on any programs please call 440-808-5700 X 3426

Visit our website: www.wlrec.org

Visit our Facebook page:
Westlake Recreation Department

Ultimate After Hours Bash

Grades 5-7

Grade 5 Friday 11/13 8:30-10:30pm

Grade 6 Friday 11/20 8:30-10:30pm

Grade 7 Friday 12/11 8:30-10:30pm

Fee: \$10 Member \$15 Resident

Must show Westlake school ID